



REWARD-BASED DOG TRAINING & COACHING

"Life with your dog. A little more understood."

Humane · LIMA-Oriented · Veterinary-Aware

Carolyn Sabolis (CJ)

Founder & Lead Canine Behavior Specialist

Animal Science & Vet Tech Studies · Cazenovia College · Champion Performance Trainer

FORCE-FREE STANDARD

Zero Shock, Prong or Fear

• PUPPY FOUNDATIONS

House Training, Crate Comfort
& Early Socialization Routines

• EVERYDAY MANNERS

Loose-Leash Walking, Recall
& Polite Door/Guest Greetings

• REACTIVITY & FEAR

Calm Threshold Coaching,
Confidence & Decompression

In-Home: Lehigh Valley & The Poconos, PA · Live 1-on-1 Online Worldwide

info@justapuptraining.com

justapuptraining.com



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A little more understood.”*

CAROLYN SABOLIS (CJ)
Animal Science & Vet Tech
Studies · Cazenovia College
PA In-Home & Global Online

WHAT TO EXPECT FROM JUST A PUP

“Humane, LIMA-oriented coaching built on applied learning theory and veterinary-aware observation—never shock, prong, choke, or intimidation.”

CORE SERVICES & TRAINING FORMATS:

- ◆ **Private In-Home Coaching** · PA Lehigh Valley/Poconos
- ◆ **Virtual Video Coaching** · Live 1-on-1 Worldwide
- ◆ **Self-Guided Digital Field Kits** · Printable Guides
- ◆ **Free Pup Portal Web App** · Clicker, Timers & Logs

BOOK A SESSION OR EXPLORE PROGRAMS

justapuptraining.com/book

info@justapuptraining.com · justapuptraining.com



JUST A PUP TRAINING · CANINE BEHAVIOR & COACHING

Carolyn Sabolis (CJ)

Founder & Lead Canine Specialist

Animal Science & Vet Tech Studies (Cazenovia) · Champion Trainer

"Science-Backed, Force-Free Coaching for Real Household Life"

01 · PUPPY SOCIALIZATION & HABITS

Potty routines, crate comfort & bite inhibition

02 · LEASH MANNERS & RECALL

Calm neighborhood walks, doors & greetings

03 · REACTIVITY & FEAR SUPPORT

Below-threshold decompression & confidence

04 · WORLDWIDE VIRTUAL COACHING

1-on-1 video coaching & digital field kits

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LIMA · Force-Free

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In-Home across Lehigh Valley & The Poconos, PA · Live Online Coaching Worldwide



HOW WE WORK · THE JUST A PUP 3-STEP CLIENT ROADMAP

Clear Mechanics. Calm Dogs. Confident Humans.

Every training plan is tailored to your household routines, environment, and learner.

1 · ASSESSMENT

Behavioral & Home Environment Review

We study triggers, health context, daily schedule & canine body language before changing routines.

2 · COACHING

Kind Mechanics & Threshold Support

Reward timing, calm leash handling & decompression at a pace your dog can genuinely process.

3 · RELIABILITY

Real-World Home Confidence & Habits

Written session recaps, digital field kits & Pup Portal trackers for lasting everyday success.

SERVICE AREAS: Allentown · Bethlehem · Easton · Stroudsburg · The Poconos · Online

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STUDIO & VETERINARY REFERRAL CARD

Veterinary-Aware · Reward-Based · LIMA-Oriented

Led by Carolyn Sabolis (CJ) · Animal Science & Vet Tech

WHAT WE OFFER AT A GLANCE

- **Private In-Home Training**
Lehigh Valley & The Poconos, PA
- **Live 1-on-1 Zoom Coaching**
Personalized virtual sessions worldwide
- **Digital Starter Kits & Guides**
- **Free Pup Portal Practice App**

WHO WE HELP (ALL AGES)

- **Puppies (8 Weeks+)**
Potty, crate, nipping & early socialization
- **Adolescent & Adult Dogs**
Leash pulling, jumping, recall & settle
- **Reactive or Fearful Learners**
Kind, below-threshold behavior support

IN-HOME: LEHIGH VALLEY & THE POCONOS, PA · ONLINE COACHING WORLDWIDE

justapuptraining.com

Pet Parents · Vets · Groomers

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JUST A PUP TRAINING

*“Reward-based training
built for real life.”*

**Veterinary, Groomer &
Rescue Referrals Welcome**

No Shock, Prong or Choke

FOUR CORE PROGRAMS & RESOURCES

01 • Puppy Foundations & Socialization

House training, crate routines, polite play & confidence

02 • Everyday Manners & Leash Skills

Loose-leash walks, calm guest greetings, recall & settle

03 • Reactivity, Fear & Threshold Coaching

Veterinary-aware decompression for barking or fear

04 • Virtual Coaching, Kits & Pup Portal

1-on-1 Zoom sessions + printable PDF kits & free web tools

TRANSPARENT OPTIONS FOR EVERY HOUSEHOLD

Initial Evaluation • Custom Packages • Digital Kits from \$7

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Referrals & Inquiries: info@justapuptraining.com